

The Arc of Illinois
Family to Family Health Information
Center and Family Voices Presents

September
20, 2016

Illinois Health Care Coverage Options and Benefits Information for People with Disabilities

Websites and Online Resources

Programs of The Arc of Illinois

1. Family to Family Brochure:
<http://familyvoicesillinois.org/wp-content/uploads/2012/07/Family-to-Family-BrochureFINALz.pdf>
<http://familyvoicesillinois.org/wp-content/uploads/2012/07/FamilyToFamilyBrochure-Spanish.pdf>
2. The Arc of Illinois Membership Brochure: <http://www.thearcofil.org/wp-content/uploads/2011/07/Membership-Brochure-New-Logo-2011.pdf>
3. Family Voices National brochure:
http://www.familyvoices.org/admin/miscdocs/files/FV_Brochure_English.pdf
http://www.familyvoices.org/admin/miscdocs/files/FV_Brochure_Spanish.pdf
4. Family Voices National Center for Family Professional Partnerships:
<http://www.fv-ncfpp.org/>
5. All About Family to Family Health Information Centers: http://www.fv-ncfpp.org/f2fhic/about_f2fhic/
6. F2F Family Stories: <http://www.fv-ncfpp.org/f2fhic/family-stories/>
7. Illinois Life Span Advocacy Toolbox: <http://www.illinoislifespan.org/advocacy-toolbox/>
8. Family Support Network Frequently Asked Questions re: Children and Adult Home Based Service and Support Program:
<http://www.ligasfamilyadvocateprogram.org/wp-content/uploads/2016/04/HBSSP->

[FAQ-March-2016.pdf](#)

9. Ligas Family Advocates Program Information and Resources:
<http://www.ligasfamilyadvocateprogram.org/resources/>

Medicaid - Illinois

1. Illinois Department of Healthcare and Family Services:
<http://www.illinois.gov/hfs/Pages/default.aspx>
2. Medical Programs:
<http://www.illinois.gov/hfs/MedicalClients/Pages/medicalprograms.aspx>
3. Medicaid Program Income Standards:
<http://www.dhs.state.il.us/page.aspx?item=21741>
4. Care Coordination:
<http://www.illinois.gov/hfs/MedicalProviders/cc/Pages/default.aspx>
5. Integrated Care Program:
<http://www.illinois.gov/hfs/MedicalProviders/cc/icp/Pages/default.aspx>
6. Medical Provider Handbooks:
<http://www.illinois.gov/hfs/MedicalProviders/Handbooks/Pages/default.aspx>
7. Healthy Kids (EPSDT) Provider Handbook:
<http://www.illinois.gov/hfs/MedicalProviders/Handbooks/Pages/HK200.aspx>
8. Medicaid Annual Reports:
<http://www.illinois.gov/hfs/info/reports/Pages/default.aspx>
9. Medicaid Brochures and Forms:
<http://www.illinois.gov/hfs/info/Brochures%20and%20Forms/Pages/default.aspx>
10. List of Illinois Medicaid Waivers:
<http://www.illinois.gov/hfs/MedicalClients/HCBS/Pages/default.aspx>
11. Illinois Medicaid Waivers for Children:
<http://www.kidswaivers.org/states/il>
12. Medicaid Waivers in Illinois Fact Sheet: <http://www.familyvoicesillinois.org/family-manual-fact-sheet-medicaid-waivers-in-illinois/>
13. MFTD Waiver Central Processing:
<http://www.dhs.state.il.us/page.aspx?item=14117>

14. Benefits if MFTD Waiver: <http://www.dhs.state.il.us/page.aspx?item=14111>

15. Eligibility for MFTD Waiver: <http://www.dhs.state.il.us/page.aspx?item=14115>

Medicaid Redeterminations

1. Medicaid Redetermination Project 2016:
<http://www.illinois.gov/hfs/medicalclients/medrede/Pages/default.aspx>
2. Illinois Medicaid Redeterminations and Medicaid Waivers for Children with Developmental Disabilities What Families Need to Know - August 2015 Update
http://www.familyvoicesillinois.org/wp-content/uploads/2015/09/Rede81315-final_doc818.doc
3. Redetermination – What Does It Mean And Why Am I Hearing So Much About It?
<http://www.familyvoicesillinois.org/wp-content/uploads/2012/06/Redetermination-031614-2.pdf>

PUNS Information

1. PUNS: The Basics: <http://www.familyvoicesillinois.org/puns-the-basics-from-the-arc-of-illinois-family-to-family-health-information-center/>
2. PUNS: The Basics-Spanish: <http://www.familyvoicesillinois.org/puns-informacion-basica/>

Medicaid – National Information Re: Children

1. Health Advocate-EPSDT:
2. <http://www.healthlaw.org/issues/child-and-adolescent-health/epsdt/health-advocate-epsdt#.V6DLj1SU21s>
3. Letter to CMS Regarding EPSDT in the Final Medicaid Managed Care Regulations: <http://www.healthlaw.org/issues/child-and-adolescent-health/epsdt/Letter-to-CMS-Regarding-EPSDT#.V6DMAISU21s>
4. Health Advocate - Medicaid's Early and Periodic, Screening, Diagnosis and Treatment in Schools and the Free Care Rule:
5. <http://www.healthlaw.org/issues/child-and-adolescent-health/epsdt/2016-2-health-advocate#.V6DMT1SU21s>
6. Q&A - CMS Guidance on EPSDT Services for Children with ASD in Medicaid:
<http://www.healthlaw.org/issues/child-and-adolescent-health/epsdt/QA-CMS-EPSDT-ASD#.V6DMp1SU21s>

Medicaid and Medicare

1. Medicaid Payment of Medicare Cost Sharing Expenses:
<http://www.illinois.gov/hfs/info/Brochures%20and%20Forms/Brochures/Pages/HFS3120.aspx>
2. Medicaid Payment of Medicare Cost Sharing Expenses-Spanish:
<http://www.illinois.gov/hfs/info/Brochures%20and%20Forms/Brochures/Pages/HFS3120S.aspx>
3. Notice Regarding Medicare Cost Sharing:
<http://www.illinois.gov/hfs/info/Brochures%20and%20Forms/Brochures/Pages/HFS3132.aspx>
4. Notice Regarding Medicare Cost Sharing (Spanish):
<http://www.illinois.gov/hfs/info/Brochures%20and%20Forms/Brochures/Pages/HFS3132S.aspx>

Medicare

1. Medicare's Role for People Under Age 65 with Disabilities:
http://kff.org/medicare/issue-brief/medicares-role-for-people-under-age-65-with-disabilities/?utm_campaign=KFF-2016-August-Medicare-Disabilities-Beneficiaries&utm_source=hs_email&utm_medium=email&utm_content=32977930&_hsenc=p2ANqtz-97e-SaPUgM2Iuv6GZHfLUwzKLYh3b12xB6E8RFFSBIW5adVTsd3Hp5q9S4oA5bG4vpCNjpJmHML7XEczb_ORT-r2bPmBvmof9R5NW058jOwMSltEA&_hsmi=32977930

SSDI and SSI

1. Social Security Disability Income (SSDI) & Supplemental Security Income (SSI)
A chart created by Health and Disability Advocates comparing the similarities and differences between the SSDI and SSI programs.
http://www.ageoptions.org/services-and-programs_makemedicarework.html
2. Family Manual Fact Sheet – Understanding SSDI and Medicare
SSDI and Medicare also play an important role in planning for transition but are sometimes overlooked.
<http://www.familyvoicesillinois.org/resources/fact-sheets-and-resources/>
3. Social Security's Disabled Adult Child Program: A Key Option Often Below The Radar: <http://khn.org/news/090610pollack/>
4. Planning for Adult Children with Disabilities:
<http://www.specialneedsalliance.org/the-voice/planning-for-adult-children-with-disabilities-2/>

Making Health Coverage Decisions

1. Illinois Marketplace Information:
<https://getcovered.illinois.gov/en>-English
<https://getcovered.illinois.gov/es>-Spanish
2. National Marketplace Information:
<https://www.getcoveredamerica.org/connector/>- English
<https://www.getcoveredamerica.org/es/>-Spanish
3. Consumer Information in 15 Languages: <https://www.healthcare.gov/language-resource/>
4. List of Centers for Medicare and Medicaid (CMS) Materials in 19 Languages:
http://www.cms.gov/About-CMS/Agency-Information/Office-of-Minority-Health/CMS-Resources/Index_of_CMS_Reosurces_by_Language.pdf
5. The Marketplace Application and Disabilities:
<https://www.healthcare.gov/people-with-disabilities/marketplace-application/>
6. Update on Churn:
<http://nashp.org/revisiting-churn-an-early-understanding-of-state-level-health-coverage-transitions-under-the-aca/>

Children with Special Healthcare Needs

1. Affordable Care Act Glossary of Health Care Terms:
<http://www.fv-ncfpp.org/tools-and-resources/aca/aca-glossary/>
2. Healthcare Acronyms (Initials):
<http://www.fv-ncfpp.org/tools-and-resources/aca/health-care-acronyms/>
3. Family Voices Affordable Care Act Tip Sheets (ongoing series):
<http://www.fv-ncfpp.org/tools-and-resources/aca/tip-sheets/>
4. A Guide to Purchasing Insurance for Children with Special Health Care Needs:
http://www.fvindiana.org/Articles/Guide_Purchasing_Insurance.pdf
5. Financing Your Child's Healthcare: <https://www.medicalhomeportal.org/living-with-child/funding-your-childs-special-needs/financing-your-childs-healthcare>

National Resources

1. Kaiser Family Foundation - Medicaid: <http://kff.org/medicaid/>
and <http://kff.org/cuidado-de-salud-recursos-para-los-consumidores/>

2. Families USA: <http://familiesusa.org/issues/medicaid>
3. National Health Law Program: <http://www.healthlaw.org/issues/medicaid>
4. Association of Maternal and Child Health Programs: <http://www.amchp.org/programsandtopics/CYSHCN/Pages/default.aspx>
5. Sargent Shriver National Center for Poverty Law: <http://www.povertylaw.org/>
6. Health and Disability Advocates: <http://hdadvocates.org/>
7. The Arc of the United States: <http://www.thearc.org/what-we-do/public-policy/policy-issues/health-care>
8. The Commonwealth Fund: <http://www.commonwealthfund.org/topics/current-issues/medicaid-expansion>
9. National Association of Medicaid Directors: <http://medicaiddirectors.org/>
10. State Reform: <https://www.statereform.org/>
11. Association of University Centers on Disabilities: <http://www.aucd.org/template/page.cfm?id=274>
12. Health and Medicine Policy Research Group: <http://www.hmprg.org/>
13. American Academy of Pediatrics: <https://www.aap.org/en-us/advocacy-and-policy/Pages/Advocacy-and-Policy.aspx>
14. National Academy for State Health Policy: <http://www.nashp.org/>
15. National Association of Medicaid Directors: <http://medicaiddirectors.org/>
16. The Leapfrog Group: <http://www.leapfroggroup.org/>

Illinois Resources

1. EverThrive Illinois: <http://www.everthriveil.org/>
2. Illinois Health Matters: <http://illinoishealthmatters.org/>
3. Campaign for Better Health Care: <http://www.cbhconline.org/>
4. Illinois Primary Health Care Association: <http://www.iphca.org/>

5. Voices for Illinois Children: <http://www.voices4kids.org/our-priorities/health-and-development/>
6. Illinois Chapter, American Academy of Pediatrics: <http://illinoisAAP.org/advocacy/>
7. Illinois Academy of Family Physicians: <http://www.iafp.com/>

Self-Advocacy and Transition

1. Young Adults and the Affordable Care Act:
http://www.cms.gov/CCIIO/Resources/Files/adult_child_faq.html

Advocacy and Voting

1. The Arc of Illinois Toolkit for Election 2016: <http://www.thearcofil.org/wp-content/uploads/2016/09/2016-Arc-Election-Voter-Toolkit.pdf>
2. People with Disabilities: Vote as if Your Life Depends on It, Because It Does: <http://hdavoices.blogspot.com/2016/07/roll-to-polls-getting-people-with.html>
3. Americans with Disabilities Act Checklist for Polling Places: <https://www.ada.gov/votingchecklist.htm>
4. Voting Rights Information: <http://www.equipforequality.org/learn/rights-information-by-topic-area/resources-voting-rights/>
5. Benefits by Illinois Congressional District: <http://www.cbhconline.org/infocenter/benefits-by-district/>
6. Find your elected officials - Illinois Statewide Officials: <https://votesmart.org/officials/IL/S/illinois-statewide#.V6lac1SU21s>
7. Capwiz Legislative Action Center: <http://capwiz.com/nea/il/home/>
8. American Association of Persons with Disabilities: <http://www.aapd.com/our-focus/voting/2016-election/>
9. https://ballotpedia.org/2016_presidential_candidates_on_federal_assistance_programs
https://ballotpedia.org/2016_presidential_candidates_on_healthcare
10. Illinois Voter Registration including online registration - Last day to register is October 11, 2016: <https://www.elections.il.gov/votinginformation/register.aspx>

11. Online Voter Registration application: <https://ova.elections.il.gov/>
12. Voting by Mail in Illinois:
<http://elections.il.gov/DocDisplay.aspx?Doc=Downloads/ElectionInformation/PDF/votebymail.pdf&Title=Voting%20By%20Mail%20in%20Illinois>

Private Insurance

1. Health Insurance for Adult Dependents:
<http://www.rubinlaw.com/resources/health-insurance-for-adult-dependents/>
2. Illinois Department of Insurance – Health Insurance Fact Sheets:
<http://insurance.illinois.gov/HealthInsurance/HealthInsurance.asp>
 - a. Claim Denial:
http://insurance.illinois.gov/HealthInsurance/HealthInsurance_InsurerDeniesClaims.asp
 - b. Coordination of Benefits:
http://insurance.illinois.gov/HealthInsurance/coord_benefits.asp
 - c. Mandated Benefits:
http://insurance.illinois.gov/HealthInsurance/Mandated_benefits.asp
 - d. Medical Necessity:
http://insurance.illinois.gov/HealthInsurance/Medical_Necessity.asp
 - e. Mental Health Fact Sheet:
http://insurance.illinois.gov/HealthInsurance/mental_hlth.asp
 - f. Self-insured Health Plans:
<http://insurance.illinois.gov/HealthInsurance/SelfInsuredHealthPlans.asp>
 - g. Insurance Coverage for Autism:
<http://insurance.illinois.gov/HealthInsurance/autism.asp>
 - h. Young Adult Dependent Coverage:
http://insurance.illinois.gov/HealthInsurance/ya_dependent.asp
3. Medical Assistance and Third-Party Liability:
<http://www.illinois.gov/hfs/info/Brochures%20and%20Forms/Brochures/Pages/HFS2875.aspx>
4. Medical Assistance and Third Party Liability-Spanish:
<http://www.illinois.gov/hfs/info/Brochures%20and%20Forms/Brochures/Pages/HFS2875S.aspx>

Marketplace Insurance Resources

1. Illinois Health Resources: <http://www.illinoishealthresources.org/>
Illinois Health Resources is a directory including useful websites, fact sheets, and other resources on a variety of different topics.
2. Health Insurance Basics - Key Words and Phrases You Need to Know in English and Spanish: <http://familiesusa.org/product/health-insurance-basics-key-words-and-phrases-you-need-know>
3. Get Ready to Get Health Coverage: <http://familiesusa.org/product/get-ready-get-health-coverage>
4. CoveredU.org: CoveredU.org is a project created by the Colorado Consumer Health Initiative (CCHI) and provides a variety of additional resources that can help you understand and use your health insurance: <https://coveredu.org/-English> and in Spanish: <http://www.segurotu.org/-Spanish>
5. What to Expect Coverage for Young Adult Children: <http://illinois.becovered.org/resources/helpful-materials/what-to-expect-coverage-for-adult-children/>
6. What Can Families Do to Avoid “Surprise” Medical Bills? <http://www.fv-ncfpp.org/blog/what-families-can-do-avoid-surprise-medical-bills/>
7. Why Health Care Costs May Rise Again: <http://www.fv-ncfpp.org/blog/why-health-care-costs-may-rise-again-what-families-need-know/>
8. Why Do Families Feel That Healthcare Costs are Rising? <http://www.fv-ncfpp.org/blog/slowdown-healthcare-cost-increases-are-real-so-why-do-families-feel-health-care-costs-are-rising/>
9. Getting the Best Health Coverage: <http://www.fv-ncfpp.org/blog/getting-best-health-coverage/>
10. Understanding Health Insurance Types: <http://www.webmd.com/health-insurance/tc/understanding-health-insurance-types-of-health-insurance>
11. Understanding Your Health Coverage: <https://www.healthcare.gov/blog/understanding-your-health-coverage/>
12. Health Insurance Explained video: http://kff.org/health-reform/video/health-insuranceexplainedyoutoons/?utm_source=kff&utm_medium=tile&utm_content=home&utm_campaign=consumer

13. Health Insurance Explained-Spanish video:
<http://kff.org/health-reform/video/el-seguro-de-salud-explicado/>
14. Preventive Health Services Covered Under Private Health Plans:
<http://kff.org/health-reform/fact-sheet/preventive-services-covered-by-private-health-plans/>
15. Consumer Assets and Patient Cost-Sharing:
<http://kff.org/health-costs/issue-brief/consumer-assets-and-patient-cost-sharing/>