



*The Arc of Illinois*

*Family Voices of Illinois*

*Family to Family Health Information Center*

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## **Handouts for September 14, 2017 Health Care conference CD**

### **Topics:**

- “Update on Medicaid in Illinois and Nationally”
- “Understanding SSI, SSDI and Medicare”
- “Update on Medicaid Managed Care in Illinois”
- “Update on Private and Marketplace Insurance”
- “Health and Disability Advocacy and You”

### **Resources:**

#### **The Arc of Illinois Materials:**

- Diaper Fact Sheet  
[English](#)
- F2F Fact Sheets & Resources  
[English](#)
- Family Support Network Brochure  
[English](#)
- Family Transition Brochure  
[English](#)
- How do I enroll in Prioritization for Urgency of Needs for Services (PUNS)?  
[English](#)
- Illinois Life Span Brochure  
[English](#)   [Spanish](#)
- Ligas Family Advocate Brochure  
[English](#)

- Prioritization for Urgency of Needs for Services (PUNS) The Basics:  
[English](#)   [Spanish](#)
- Programs of The Arc of Illinois Brochure  
[English](#)   [Spanish](#)
- The Arc of Illinois Assistive Technology Program  
[English](#)   [Spanish](#)
- The Arc of Illinois Consumer Stipend Program  
[English](#)   [Spanish](#)
- The Arc of Illinois Family to Family Health Information Center Brochure  
[English](#)   [Spanish](#)
- The Arc of Illinois Membership Application  
[English](#)

## **Medicaid**

### ***A. Illinois Specific:***

- All Kids Income Chart  
<https://www.illinois.gov/hfs/MedicalPrograms/AllKids/Pages/income.aspx>
- Care Coordination:  
<http://www.illinois.gov/hfs/MedicalProviders/cc/Pages/default.aspx>
- Healthy Kids (EPSDT) Provider Handbook:  
<http://www.illinois.gov/hfs/MedicalProviders/Handbooks/Pages/HK200.aspx>
- Illinois Department of Healthcare and Family Services:  
<http://www.illinois.gov/hfs/Pages/default.aspx>
- Integrated Care Program:  
<http://www.illinois.gov/hfs/MedicalProviders/cc/icp/Pages/default.aspx>
- Medicaid Annual Reports:  
<http://www.illinois.gov/hfs/info/reports/Pages/default.aspx>
- Medicaid Brochures and Forms:  
<http://www.illinois.gov/hfs/info/Brochures%20and%20Forms/Pages/default.aspx>
- Medicaid Program Income Standards:  
<http://www.dhs.state.il.us/page.aspx?item=21741>

- Medical Programs:  
<http://www.illinois.gov/hfs/MedicalClients/Pages/medicalprograms.aspx>
- Medical Provider Handbooks:  
<http://www.illinois.gov/hfs/MedicalProviders/Handbooks/Pages/default.aspx>
- What is All Kids?  
<https://www.illinois.gov/hfs/MedicalPrograms/AllKids/Pages/about.aspx>

### ***B. Illinois Specific Redetermination:***

- Illinois Medicaid Redetermination Project  
<https://www.illinois.gov/hfs/MedicalClients/medrede/Pages/default.aspx>
- Illinois Medicaid Redetermination Project Frequently Asked Questions (English)  
<https://www.illinois.gov/hfs/SiteCollectionDocuments/EEVClientFAQ042315.pdf>
- Illinois Medicaid Redetermination Project Frequently Asked Questions (Spanish)  
<https://www.illinois.gov/hfs/SiteCollectionDocuments/EEVClientFAQSpanish.pdf>
- Medicaid Redetermination Project 2016:  
<http://www.illinois.gov/hfs/medicalclients/medrede/Pages/default.aspx>

### ***C. Medicaid National Information:***

#### ***➤ Change of Address/Department of Human Services Office Locator:***

- DHS Office Locator  
*Office type in drop down box would be Developmental Disability Services to find your local ISC/PAS Agency*  
<http://www.dhs.state.il.us/page.aspx?module=12>
- Family Community Resource Center  
<http://www.dhs.state.il.us/page.aspx?module=12&officetype=5&>
- Official Change of Address Form - United States Postal Service.  
<https://moversguide.usps.com/icoa/icoa-main-flow.do?execution=e1s1>
- List of Centers for Medicare and Medicaid (CMS) Materials in 19 Languages:  
[https://www.cms.gov/About-CMS/Agency-Information/OMH/Downloads/OMH\\_Dwnld-IndexByLanguage\\_rev060115\\_v070715.pdf](https://www.cms.gov/About-CMS/Agency-Information/OMH/Downloads/OMH_Dwnld-IndexByLanguage_rev060115_v070715.pdf)
- The SNAP Program Change Report Form (pdf)  
<http://www.dhs.state.il.us/onenetlibrary/12/documents/Forms/IL444->

[1978.pdf](#)

➤ **Children**

- Health Advocate: Early and Periodic Screening, Diagnosis and Treatment (EPSDT):  
<http://www.healthlaw.org/issues/child-and-adolescent-health/epsdt/health-advocate-epsdt#.V6DLj1SU21s>
- Health Advocate: Medicaid's Early and Periodic, Screening, Diagnosis and Treatment in Schools and the Free Care Rule:  
<http://www.healthlaw.org/issues/child-and-adolescent-health/epsdt/2016-2-health-advocate#.V6DMT1SU21s>
- Letter to CMS Regarding EPSDT in the Final Medicaid Managed Care Regulations:  
<http://www.healthlaw.org/issues/child-and-adolescent-health/epsdt/Letter-to-CMS-Regarding-EPSDT#.V6DMAISU21s>
- Q&A: CMS Guidance on EPSDT Services for Children with ASD in Medicaid:  
<http://www.healthlaw.org/issues/child-and-adolescent-health/epsdt/QA-CMS-EPSDT-ASD#.V6DMp1SU21s>

➤ **Medicaid Policy & Advocacy:**

- Association of Maternal and Child Health Programs:  
<http://www.amchp.org/programsandtopics/CYSHCN/Pages/default.aspx>
- Families USA: <http://familiesusa.org/issues/medicaid>
- Health and Disability Advocates: <http://hdadvocates.org/>
- Kaiser Family Foundation-Medicaid: <http://kff.org/medicaid/>
- National Association of Medicaid Directors: <http://medicaiddirectors.org/>
- National Association of Medicaid Directors: <http://medicaiddirectors.org/>
- National Health Law Program: <http://www.healthlaw.org/issues/medicaid>
- Sargent Shriver National Center for Poverty Law: <http://www.povertylaw.org/>
- State Reform: <http://www.nashp.org/statereform/>

➤ **Medicaid Waivers:**

- Benefits of the Medically Fragile Technology Dependent (MFTD) Waiver:  
<http://www.dhs.state.il.us/page.aspx?item=14111>
- Eligibility for Medically Fragile Technology Dependent (MFTD) Waiver:  
<http://www.dhs.state.il.us/page.aspx?item=14115>
- Family Manual Fact Sheet – Medicaid Waivers in Illinois  
<https://www.familyvoicesillinois.org/wp-content/uploads/2012/07/Family-Manual-Fact-Sheet-Medicaid-WaiversFinal3612.pdf>
- Home and Community Based Waiver  
<https://www.illinois.gov/hfs/MedicalClients/HCBS/Pages/default.aspx>
- Home and Community Based Waiver Programs  
<https://www.illinois.gov/hfs/MedicalClients/HCBS/Pages/default.aspx>
- Illinois Medicaid Waivers for Children:  
<http://www.kidswaivers.org/states/il>
- List of Illinois Medicaid Waivers:  
<http://www.illinois.gov/hfs/MedicalClients/HCBS/Pages/default.aspx>
- Medicaid Waivers by state  
<https://www.cms.gov/Outreach-and-Education/American-Indian-Alaska-Native/AIAN/LTSS-TA-Center/info/1915-c-waivers-by-state.html>
- Medicaid Waivers in Illinois Fact Sheet:  
<http://www.familyvoicesillinois.org/family-manual-fact-sheet-medicaid-waivers-in-illinois/>
- Medically Fragile Technology Dependent (MFTD) Waiver Central Processing:-  
<http://www.dhs.state.il.us/page.aspx?item=14117>

**Medicare:**

***A. Illinois Specific Information:***

- An Overview of Medicare  
<http://www.kff.org/medicare/issue-brief/an-overview-of-medicare/>
- Medicaid Payment of Medicare Cost Sharing Expenses:  
<http://www.illinois.gov/hfs/info/Brochures%20and%20Forms/Brochures/Pages/HFS3120.aspx>
- Medicaid Payment of Medicare Cost Sharing Expenses-Spanish:

<http://www.illinois.gov/hfs/info/Brochures%20and%20Forms/Brochures/Pages/HFS3120S.aspx>

- Medicare Quiz  
<http://www.kff.org/quiz/medicare-quiz/>
- Notice Regarding Medicare Cost Sharing:  
<http://www.illinois.gov/hfs/info/Brochures%20and%20Forms/Brochures/Pages/HFS3132.aspx>
- Notice Regarding Medicare Cost Sharing (Spanish):  
<http://www.illinois.gov/hfs/info/Brochures%20and%20Forms/Brochures/Pages/HFS3132S.aspx>

### ***B. National Information:***

- Getting Started with Medicare  
<https://www.medicare.gov/people-like-me/new-to-medicare/getting-started-with-medicare.html>
- Medicare's Role for People Under Age 65 with Disabilities:  
<http://www.kff.org/medicare/issue-brief-national>
- Medicare & You  
<https://www.medicare.gov/medicare-and-you/medicare-and-you.html>

## **Social Security Administration Programs:**

### ***A. Social Security Disability Income:***

- ***SSDI Information- Adult Workers & Retirees***
  - Age Options Services & Programs  
[http://www.ageoptions.org/services-and-programs\\_makemedicarework.html](http://www.ageoptions.org/services-and-programs_makemedicarework.html)
- ***SSDI Information- Disabled Adult Children (DAC)***
  - Family Manual Fact Sheet – Understanding SSDI and Medicare  
SSDI and Medicare also play an important role in planning for transition but are sometimes overlooked.  
[Go to article](#) [Family Manual Fact Sheet – SSDI and Medicare](#)
- ***SSDI Policy & Advocacy Materials***
  - Social Security Disability Benefits  
<https://www.ssa.gov/pubs/EN-05-10029.pdf>

## ***B. Supplemental Administration Programs:***

### ***➤ SSA Information on SSI- Adults***

- Former Groups of SSI Recipients  
<https://secure.ssa.gov/poms.nsf/lnx/0501715015>

### ***➤ SSA Information on SSI- Children***

- Benefits for an Disabled Child Under Age 22  
<https://www.ssa.gov/planners/disability/dqualify10.html>

### ***➤ SSI Policy and Advocacy Materials***

- Archived webinar on SSI and In-kind Support Maintenance:  
<http://nasuad.org/community-opportunities/events/webinar-kind-support-maintenance>
- Click the link below to view a chart created by Health and Disability Advocates comparing the similarities and differences between the SSDI and SSI programs.  
[Social Security Disability Income \(SSDI\) & Supplemental Security Income \(SSI\)](#)

## **Private Health Coverage:**

### ***A. Marketplace Options and Information***

- Consumer Assets and Patient Cost-Sharing:  
<http://kff.org/health-costs/issue-brief/consumer-assets-and-patient-cost-sharing/>
- CoveredU.org CoveredU.org is a project created by the Colorado Consumer Health Initiative (CCHI) and provides a variety of additional resources that can help you understand and use your health insurance:  
<https://coveredu.org/-English>  
<http://www.segurotu.org/-Spanish>
- Get Ready to Get Health Coverage:  
<http://familiesusa.org/product/get-ready-get-health-coverage>
  - Article Downloads  
[Bilingual Checklist](#)
- Getting the Best Health Coverage:  
<http://www.fv-ncfpp.org/blog/getting-best-health-coverage/>
- Health Insurance Basics- Key Words and Phrases You Need to Know:  
<http://familiesusa.org/product/health-insurance-basics-key-words-and-phrases-you-need-know>

➤ Article Downloads

[English Version](#)

[Spanish Version](#)

- Health Insurance Explained video:  
[http://kff.org/health-reform/video/health-insurance-explained-youtoons/?utm\\_source=kff&utm\\_medium=tile&utm\\_content=home&utm\\_campaign=consumer](http://kff.org/health-reform/video/health-insurance-explained-youtoons/?utm_source=kff&utm_medium=tile&utm_content=home&utm_campaign=consumer)
- Health Insurance Explained-Spanish video:  
<http://kff.org/health-reform/video/el-seguro-de-salud-explicado/>
- Helping Navigators connect consumers with social service and health care resources.  
<http://www.illinoishealthresources.org/>
- Illinois Marketplace Specific:  
<https://getcovered.illinois.gov/en>-English  
<https://getcovered.illinois.gov/es> -Spanish
- Illinois State-Required Benefits:  
[https://downloads.cms.gov/cciio/State%20Required%20Benefits\\_IL.PDF](https://downloads.cms.gov/cciio/State%20Required%20Benefits_IL.PDF)
- Insurers Can Bend Network Rules for Patients who Require Specific Doctors:  
<http://khn.org/news/insurers-can-bend-out-of-network-rules-for-patients-who-need-specific-doctors/>
- Preventive Health Services Covered Under Private Health Plans:  
<http://kff.org/health-reform/fact-sheet/preventive-services-covered-by-private-health-plans/>
- The Marketplace Application and Disabilities:  
<https://www.healthcare.gov/people-with-disabilities/marketplace-application/>
- Understanding Health Insurance Types:  
<http://www.webmd.com/health-insurance/tc/understanding-health-insurance-types-of-health-insurance>
- Understanding Your Health Coverage:  
<https://www.healthcare.gov/blog/understanding-your-health-coverage/>
- What Can Families Do to Avoid “Surprise” Medical Bills:  
<http://www.fv-ncfpp.org/blog/what-families-can-do-avoid-surprise-medical-bills/>



- What to Expect: Coverage for Young Adult Children:  
[http://www.becovered.org/pdf/becovered/il/en/WTE\\_Coverage\\_for\\_Adult\\_Children\\_ENG.pdf](http://www.becovered.org/pdf/becovered/il/en/WTE_Coverage_for_Adult_Children_ENG.pdf)
- Why Do Families Feel That Healthcare Costs are rising?  
<http://www.fv-ncfpp.org/blog/slowdown-healthcare-cost-increases-are-real-so-why-do-families-feel-health-care-costs-are-rising/>
- Why Health Care Costs May Rise Again:  
<http://www.fv-ncfpp.org/blog/why-health-care-costs-may-rise-again-what-families-need-know/>
- Young adult dependent coverage:  
[http://insurance.illinois.gov/HealthInsurance/ya\\_dependent.asp](http://insurance.illinois.gov/HealthInsurance/ya_dependent.asp)

### ***B. Private Insurance Options and Information for Children with Special Needs***

- A Guide to Purchasing Insurance for Children with Special Health Care Needs:  
[http://www.fvindiana.org/wp-content/uploads/2016/08/Guide\\_Purchasing\\_Insurance.pdf](http://www.fvindiana.org/wp-content/uploads/2016/08/Guide_Purchasing_Insurance.pdf)
- Affordable Care Act Glossary of Health Care Terms:  
<http://www.fv-ncfpp.org/tools-and-resources/aca/aca-glossary/>
- Family Voices Affordable Care Act Tip Sheets (ongoing series):  
<http://www.fv-ncfpp.org/tools-and-resources/aca/tip-sheets/>
- Financing Your Child's Healthcare:  
<https://www.medicalhomeportal.org/living-with-child/funding-your-childs-special-needs/financing-your-childs-healthcare>
- Healthcare Acronyms (Initials):  
<http://www.fv-ncfpp.org/tools-and-resources/aca/health-care-acronyms/>

### ***C. Health Insurance Policy and Advocacy Material***

- American Academy of Pediatrics:  
<https://www.aap.org/en-us/advocacy-and-policy/Pages/Advocacy-and-Policy.aspx>
- Association of University Centers on Disabilities:  
<http://www.aucd.org/template/page.cfm?id=274>

- Claim denial:  
[http://insurance.illinois.gov/HealthInsurance/HealthInsurance\\_InsurerDeniesClaims.pdf](http://insurance.illinois.gov/HealthInsurance/HealthInsurance_InsurerDeniesClaims.pdf)
- Coordination of benefits:  
[http://insurance.illinois.gov/healthInsurance/coord\\_benefits.pdf](http://insurance.illinois.gov/healthInsurance/coord_benefits.pdf)
- Consumer information in 15 languages:  
<https://www.healthcare.gov/language-resource/>
- Finding help with enrollment and information about health plan options:  
<https://localhelp.healthcare.gov/#intro>
- Health and Medicine Policy Research Group: <http://www.hmprg.org/>
- Health Insurance for Adult Dependents:  
<http://www.rubinlaw.com/resources/health-insurance-for-adult-dependents/>
- Insurance coverage for autism:  
<https://insurance.illinois.gov/HealthInsurance/SelfInsuredHealthPlans.pdf>
- Illinois Department of Healthcare and Family Services (HFS) list of Boards and Commissions:  
<https://www.illinois.gov/hfs/About/BoardsandCommissions/Pages/default.aspx>
- Illinois Department of Insurance Consumer Health Insurance Fact Sheets:  
<http://insurance.illinois.gov/healthInsurance/consumerHealth.html>
- Illinois Department of Insurance –Health Insurance Fact Sheets:  
<http://insurance.illinois.gov/healthInsurance/consumerHealth.html>
- Mandated benefits:  
[https://insurance2.illinois.gov/HealthInsurance/mandated\\_benefits.pdf](https://insurance2.illinois.gov/HealthInsurance/mandated_benefits.pdf)
- Medical Assistance and Third-Party Liability:  
<http://www.illinois.gov/hfs/info/Brochures%20and%20Forms/Brochures/Pages/HFS2875.aspx>
- Medical Assistance and Third Party Liability-Spanish:  
<http://www.illinois.gov/hfs/info/Brochures%20and%20Forms/Brochures/Pages/HFS2875S.aspx>

- Medical necessity: <http://insurance.illinois.gov/HealthInsurance/MedicalNecessity.pdf>
- Mental Health Fact Sheet: <http://insurance.illinois.gov/healthInsurance/MentalHealthConsumerFactSheet.pdf>
- National Academy for State Health Policy: <http://www.nashp.org/>
- Self-insured health plans: <https://insurance.illinois.gov/HealthInsurance/SelfInsuredHealthPlans.pdf>
- The Arc of the United States: <http://www.thearc.org/what-we-do/public-policy/policy-issues/health-care>
- The Commonwealth Fund: <http://www.commonwealthfund.org/topics/current-issues/medicaid-expansion>
- The Leapfrog Group: <http://www.leapfroggroup.org/>
- Young adult dependent coverage: [http://insurance.illinois.gov/HealthInsurance/ya\\_Dependent.pdf](http://insurance.illinois.gov/HealthInsurance/ya_Dependent.pdf)

➤ ***Illinois Specific***

- EverThrive Illinois: <http://www.everthriveil.org/>
- Illinois Academy of Family Physicians: <http://www.iafp.com/>
- Illinois Chapter, American Academy of Pediatrics: <http://illinoisAAP.org/advocacy/>
- Illinois Health Matters: <http://illinoishealthmatters.org/>
- Illinois Primary Health Care Association: <http://www.iphca.org/>
- Voices for Illinois Children: <http://www.voices4kids.org/wp-content/uploads/2012/05/2012KCHealthDevelopment.pdf>
- Young Adults and the Affordable Care Act: [http://www.cms.gov/CCIIO/Resources/Files/adult\\_child\\_faq.html](http://www.cms.gov/CCIIO/Resources/Files/adult_child_faq.html)

## **Public Policy and Advocacy:**

### ***A. How to Find Your Elected Officials***

- Benefits by Illinois Congressional District:  
<http://www.surs.org/sites/default/files/pdfsx/DistrictMapsSURS.pdf>
- Capwiz Legislative Action Center: <http://capwiz.com/nea/il/home/>
- Illinois Statewide Officials:  
<https://votesmart.org/officials/IL/S/illinois-statewide#.V6lac1SU21s>

### ***B. Policy and Advocacy Resources***

- 21<sup>st</sup> Century Cures Act: Special Needs Trusts- letter to State Medicaid Directors: <https://www.medicaid.gov/federal-policy-guidance/downloads/smd17001.pdf>
- Americans with Disabilities Act Checklist for Polling Places:  
<https://www.ada.gov/votingchecklist.htm>
- People with Disabilities: Vote as if Your Life Depends on It, Because It Does  
<http://www.hdadvocates.org/2016/07/14/people-with-disabilities-vote-as-if-your-life-depends-on-it-because-it-does/>
- Voting Rights Information:  
<http://www.equipforequality.org/learn/rights-information-by-topic-area/resources-voting-rights/>

### ***C. Voting***

- Voter Registration/Votar  
PDF: <http://www.elections.il.gov/Downloads/VotingInformation/PDF/R-19.pdf>  
Online App: <https://ova.elections.il.gov/>